

Are you feeling
ALONE or **SAD**?

Is a **LOSS** or
TRAUMA weighing
on your mind?



Are you a **VICTIM** of
sexual, physical or
emotional **ABUSE**?

Is your relationship
SUFFERING?

Individuals and families seek professional counseling and support for many reasons. WellSpring offers counseling, support and programs designed to improve relationships and empower a better you.

WELLSPRING
empowering a better you

www.wellspringfield.org

SERVICES

Individual Counseling | Anger Management
Couples Therapy | Families and Schools Together
St. Vincent House Shelter | Family Counseling
PACE (Parent Adolescent Continuing Education)
PEAK (Parenting Education and Knowledge)



WellSpring has Ohio licensed, masters-level therapists trained to help with alcohol and drug therapy, coping with unemployment, parenting and family skills, and much more. Our therapists have more than 80 years of combined experience working with adults and children as young as 2 years of age.

“THE HEALTHY AND STRONG
INDIVIDUAL IS THE ONE WHO ASKS
FOR HELP WHEN HE NEEDS IT.”

-Rona Barrett, American Journalist

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Formerly Family Service Agency